Philoptochos is collecting items to assemble blessing bags. Blessing Bags are great to keep on hand in your car, so if you are in a situation where you find someone in need, you have the bag right there to hand to them.

❖ You do not need to buy everything on the list – just a lot of one or two items will help contribute to our assembly of blessing bags.

❖ All items must fit within a gallon-size bag with other items.

❖ Items should be individually wrapped if applicable.

- Gallon-size ziplock bags
- Bars of soap (individual only)
  - Washcloths
  - Hand towels
- Toothbrushes (adult)
  - Toothpaste
  - Floss
- Deodorant sticks
- Nail emery boards / small nail files
- Disposable razors
  - Shaving cream (trial sizes)
- Small packages of Q-tips
- Shampoo/conditioner (smaller sizes)
- Packages of Tissues
- Chapsticks
- Combs
- Wet wipes (small packages)
- Socks (men, women)- no kids
- Gloves
- Hand or Feet Warmers
- Sanitary products (women)
- Small 8 oz. bottles of Water
- Granola bars/ Protein bars
  - individual mixed nut packets
  - beef jerky
  - Small cheese/crackers
  - Peanut butter/crackers
  - Cookie packets (individual)
- Packets of Gum
  - Cough drops/lozenges